

PROGRAMMES AND COURSES

BE MORE. BE BETTER. BE INSPIRED.



If you're looking for development designed just for you, build your own programme from our selection of courses and learning styles.

LEADERSHIP & MANAGEMENT

- Competencies & styles of leaders and managers
- Communication for leaders
- HR for managers
- Developing others
- Drive for results
- Leading change
- Self-leadership

COMMUNICATION

- The Art of Communication
- Communicate with confidence
- Managing conflict
- Emotional intelligence
- Social intelligence
- Business & report writing
- Present with impact

PERSONAL EFFECTIVENESS

- Managing my mind & habits
- Wellbeing and resilience
- Personal branding
- Self-leadership
- Managing time
- Effective, meaningful meetings

GENERAL BUSINESS SKILLS

- Customer-centric sales
- Customer service
- Team dynamics and performance
- Problem solving & decision making
- The world of work

COACHING & CONSULTANCY

- Coaching: one-on-one and peer coaching
- Learning needs analysis
- Development planning
- Research, write, and develop your training materials
- Train the trainer

PROFILING TOOLS

- TetraMap of communication
- Leadership Circle
- Leadership Behaviours
- Emotional & Social Intelligence
- Team Management
- Team Member
- Risk Tolerance
- Strategic Intelligence

LEARNING STYLES

Face to face workshops and coaching | online workshops and coaching | webinars

*B*inspired