



This programme is designed for leaders who have completed the **Rhythm of Leadership** and are game to get a deeper insight into their leadership effectiveness.

LEARN YOUR WAY
LEADERSHIP INSIGHT is delivered as a blend of assessments, one-on-one coaching, and workshops.

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LEADERSHIP INSIGHT

BE MORE. BE BETTER. BE INSPIRED

Do the people you lead see you the way you see yourself? Find out by investing in **Leadership Insight** and develop strategies to be the leader you want to be.

MODULE 1: Your leadership effectiveness

- Complete your Leadership Circle Profile® (LCP)
- Two one-on-one coaching sessions to debrief
- Draft your 12-month plan to increase your leadership effectiveness

MODULE 2: Drive for results

- Business planning: PESTLEs & SWOTs
- Prepare a Plan On A Page (POAP)
- Integrate the POAP into your business
- Conversations to focus on results

MODULE 3: Social intelligence (SQ)

- Complete your emotional and social intelligence (ESI) profile
- Draft strategies to increase your SQ effectiveness
- Ethnic, gender, and generational diversity

MODULE 4: Team Dynamics

- Complete your Team Management Profile® (TMP)
- Draft your plan to improve the team roles you need to play or to enable others to play

MODULE 5: Leading change

- Complete Opportunity Obstacles (QO2) profile
- Principles and myths of change
- Change owners, stakeholders, and champions
- Transitioning self and others through change

MODULE 6: Self- leadership

- Learning & coaching the language of optimists
- Integrating wellbeing into your workplace
- Courage and fear
- Review of all modules
- Graduation and celebration

"The Leadership Circle session was enlightening. I was a tad sceptical going in that I would get so much out of the first session but I was doing it to set myself up to track changes over time. Arlene is fantastic at getting you to think about things without it feeling like you've done anything wrong. I came away with so many things to work on and feeling empowered that I could do it rather than overwhelmed." R O'Brien